

CONNELLY'S ACADEMY MARTIAL ARTS SUMMER CAMP 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
9:30 AM Tier 1	Taekwon-Do All Belts	Taekwon-Do All Belts	Taekwon-Do All Belts	Taekwon-Do All Belts	Taekwon-Do All Belts
11:00 Tier 2	Sparring	Ho Shin Sul (Beyond Wrist Releases)	Kidpower	Sparring	Yoga
12:30 PM Tier 3	Taekwon-Do All Belts	Taekwon-Do All Belts	Taekwon-Do All Belts	Taekwon-Do All Belts	Taekwon-Do All Belts
2:00 PM Tier 4	Promotion Test Prep WB - GB or Sparring	Promotion Test Prep BluS - BBC or Sparring	Ho Shin Sul (Beyond Wrist Releases)	Promotion Test Prep WB - GB or Sparring	Promotion Test Prep BluS - BBC or Sparring

There are 5 classes per week in each tier. Each class is 45 minutes. Tiers are purchased separately.

Tier 1: 9:30 am: Monday - Friday, Taekwon-do, \$50/week

Tier 2: 11:00 am: Sparring (M, Th), Ho Shin Sul (Tu), Kidpower (W), Yoga (F), \$50/week

Tier 3: 12:30 pm: Monday - Friday, Taekwon-do, \$50/week

Tier 4: 2:00 pm: Promotion Test Prep or Sparring (M, Tu, Th, F), Ho Shin Sul (W), \$50/week